

DR. ROBYN MCKAY

PSYCHOLOGIST | SPEAKER | LEADERSHIP EXPERT
FOR INNOVATIVE COMPANIES & HIGH-PERFORMING PEOPLE

Rise: Above the Noise
Rise: Above the Status Quo
Rise: Above the Rest



ABOUT Dr. ROBYN

Robyn McKay is a top advisor to emotionally intelligent executives and leaders at Fortune 500 companies, and to elite-level performers in entrepreneurship, sports, and entertainment. Known as a fierce advocate for women in STEM and other high-performance fields, Dr. Robyn is a committed ally for diversity, inclusion & belonging. She provides keynote addresses, corporate trainings, and team building experiences focused on innovation, high-performance, crisis fatigue, compassion fatigue, burnout prevention and recovery, the psychology of women making money, and leading during uncertain times.

Dr. Robyn says, "Grit and tenacity got us through the first year of the pandemic. But now, I believe that leaders and individual contributors alike are ready for something new: hope, optimism, gratitude, creativity along with a healthy dose of the very best of what's possible in the future."

Dr. Robyn has a PhD in Counseling Psychology from the University of Kansas, where she studied diverse concepts ranging from positive psychology and creativity to neuroscience and mindfulness. Her distinct range of tools, which span from the intuitive to the rational, serve as the baseline to her soulful-yet-scientific approach to transformational leadership and innovation.

Dr. Robyn helps innovative companies and high-performing people identify and rise to their next level (and beyond).

"Robyn brings a unique perspective and set of skills to organizations and executives looking for innovative corporate leadership training and development. She inspires vision, provides concrete and intuitive guidance and tools to real-time issues. I highly recommend her for a truly one-of-a-kind custom solution to your corporate training and development needs. I've never worked with anyone like her and you will be hooked!"

- Jennifer Halstead, COO & EVP, Matt Construction

"I highly recommend Dr. McKay as an effective speaker & facilitator who brings a heavy dose of not only data-driven insights but even more importantly humanity to complex organizations.

Dr. McKay knows that people are a company's greatest asset, and she's on a mission to ensure they are equipped to be and do their very best."

- Jenni Panhorst, VP & GM, Intel Corporation

CONTACT: ROBYN@DRROBYNMCKAY.COM

DR. ROBYN MCKAY

PSYCHOLOGIST | KEYNOTE SPEAKER | LEADERSHIP EXPERT
FOR INNOVATIVE COMPANIES & HIGH-PERFORMING PEOPLE

Keynote Speaker Topics

- The Innovation Rx: Positive Psychology Solutions for 2021 & Beyond
- Rise Above the Uncertainty: Living & Leading During Uncertain Times
- The Money Rx: Psychology of Women & Money



Selected Corporate Training & Team Building Topics

- The Positive Psychology of Leadership (Director-level & Up)
- Manager as Coach: Positive Psychology Strategies (Manager level & Up)
- Burnout Rx: Recovery & Prevention Strategies (Individual Contributor & Up)
- The Money Rx: The Psychology of Women Making Money (Individual Contributor & Up)
- Equine-Assisted Team Building (Individual Contributor & Up)
- Leap of Faith: Trapeze Team Building (Individual Contributor & Up)

Executive Leadership Coaching & Advising

Dr. Robyn privately coaches and advises emotionally intelligent top leaders on topics such as burnout recovery, finding meaning & purpose, work-life balance, stress management, the psychology of influence, and next-level promotions.

Dr. Robyn's Clients



CONTACT: ROBYN@DRROBYNMCKAY.COM